



## CONCEPTS

It is a whole number that can be positive, negative, or zero. Since it is whole numbers, integers cannot have decimal places.

## INTEGERS



### SUBTRACTION WITH LIKE SIGNS

To subtract integers with similar signs, simply subtract or compute for the difference of the given. Do not forget to include the sign used.

Subtraction with like signs may involve both positive (+) signs or negative (-) signs

Note: If a number does not have a + sign, it is automatically a positive integer.

$$\begin{array}{r} +125 - +58 \\ = +67 \end{array}$$

$$\begin{array}{r} 495 - 384 \\ = 111 \end{array}$$

$$\begin{array}{r} -374 - -99 \\ = -275 \end{array}$$

### EXAMPLES



$$\begin{array}{r} -693 - (-473) \\ = -220 \end{array}$$

$$\begin{array}{r} -584 - (-95) \\ = -489 \end{array}$$



## CONCEPTS

### EXERCISE

1.  $439 - 283 =$

2.  $255 - 88 =$

3.  $107 - 21 - 9 =$

4.  $-586 - (-475) =$

5.  $-1,234 - (-386) - (-101) =$

Solution:



Word problem

What is the difference when 640 and - 340 are subtracted?  
Show your solution and explain your work.



# TABLE OF ACTIVITIES

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# 1,2,3,UP!

G5  
Basic

Help Andy finish her push ups and sit-ups by finding the difference of the following positive integers.



$$1. 726 - 618 =$$

$$2. 646 - 102 =$$

$$3. 765 - 225 =$$

$$4. 972 - 540 =$$

$$5. 252 - 235 =$$

$$6. 716 - 704 =$$



# THE PERFECT YOGA MAT

G5  
Basic

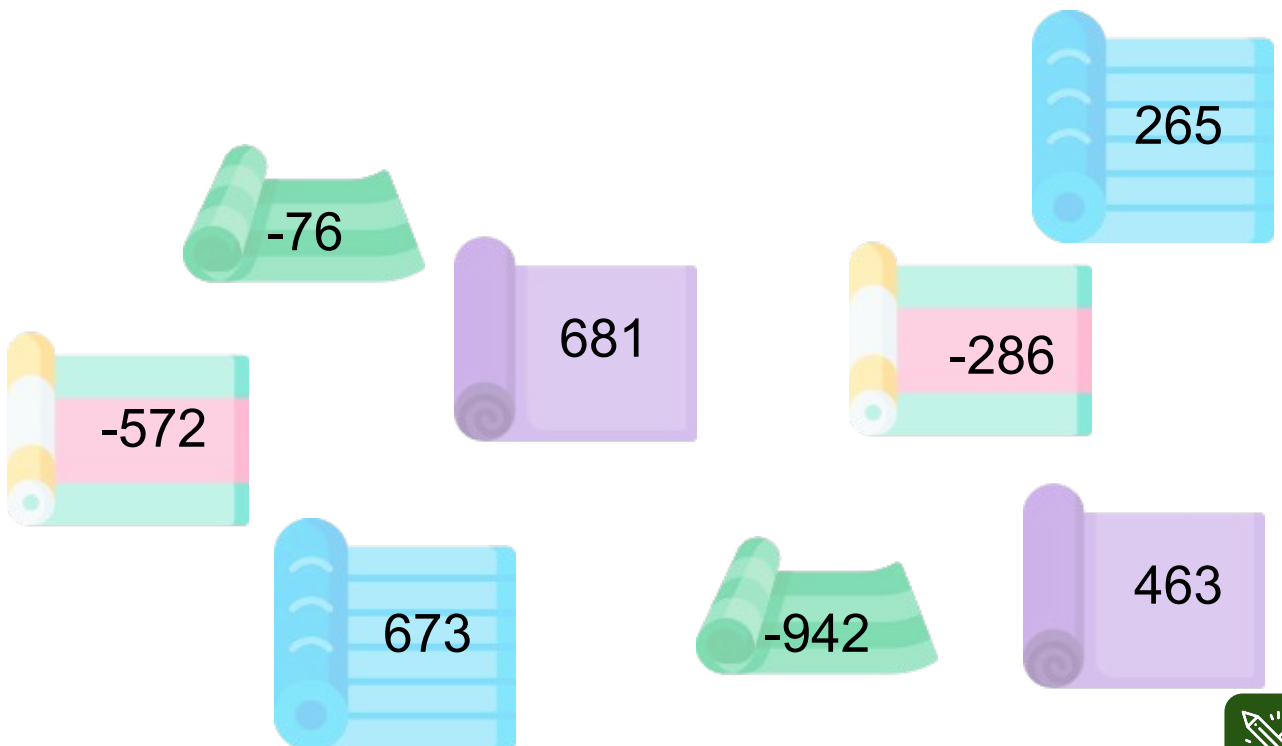
Look and find the similar yoga mats below then answer the questions. Show your solution.

1. Find the difference of the colorful yoga mats.

2. Find the difference of the blue yoga mats.

3. Find the difference of the purple yoga mats.

4. Find the difference of the green yoga mats.



# POSE AND ANSWER

G5  
Basic

Eliminate the negativity by posing and computing for the difference of the negative integers.

1.  $-568 - (-474) =$

2.  $-659 - (-127) =$

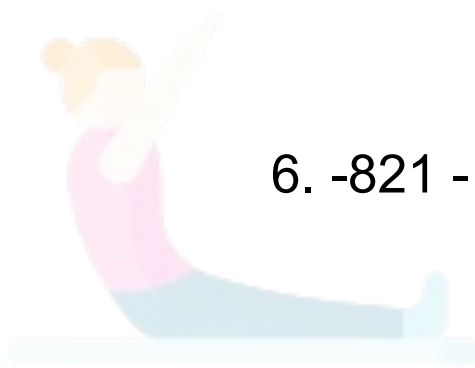


3.  $-728 - (-178) =$

4.  $-458 - (-417) =$

5.  $-884 - (-568) =$

6.  $-821 - (-258) =$



# MAINTAINING THE BALANCE

G5  
Basic

Maintain your shape and balance by finding and fulfilling the missing integer of the subtraction equation.



1.  $-419 - \underline{\hspace{2cm}} = -255$

2.  $225 - 66 = \underline{\hspace{2cm}}$

3.  $\underline{\hspace{2cm}} - (-540) = -306$

4.  $291 - \underline{\hspace{2cm}} = 255$

5.  $\underline{\hspace{2cm}} - (-734) = -142$

## Additional question:

1. What is the significance of understanding subtraction of like sign integers?





# YOGA DAYS

G5  
Basic

Fill in your yoga schedule by finding the difference of the integers in the 1st row with the integers in the 1st column and fill them in the squares provided.

-	626	866
99		
160		

-	773	959
47		
596		



-	-194	-716
-75		
-153		

-	-892	-812
-350		
-299		



# STRETCH AND SOLVE

G6  
Advanced

Stretch your body within 3 minutes just like stretching your ability to solve the subtraction flashcards quickly.

7, 5 0 9

5, 1 8 6

$\underline{\quad}$  2 3 2

---

3, 8 8 6

2, 6 2 0

$\underline{\quad}$  2 6 6

---

8, 3 4 7

6 8 5

$\underline{\quad}$  2 6 6

---



-8, 1 2 1

(-1, 1 2 3)

$\underline{\quad}$  (-6 9 9)

---

-9, 5 5 6

(-8, 3 1 0)

$\underline{\quad}$  (-1 2 4)

---

-4, 1 1 2

(-6 2 6)

$\underline{\quad}$  (-4 8 6)

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# MARIE, MY YOGA CLASSMATE

G6  
Advanced

What does Marie's favorite yoga pose? Identify the word by performing the indicated operations.

$$A = 6,121 - 5,740 =$$

$$D = 9,970 - 8,705 =$$

$$E = 5,358 - 4,351 =$$

$$H = 3,188 - 1,517 =$$

$$L = 9,108 - 3,672 =$$

$$N = 1,995 - 296 =$$

$$O = 3,626 - 3,611 =$$

$$R = 835 - 430 =$$

$$S = 9,471 - 2,865 =$$

$$T = 9,085 - 8,478 =$$

$$U = 7,796 - 4,237 =$$



6,606	1,671	15	3,559	5,436	1,265	1,007	405
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6,606	607	381	1,699	1,265
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# FOLLOW THE YOGA MASTER

G6  
Advanced

Follow what the yoga instructor is saying to properly make and execute your yoga exercise. Answer the word problems below. Show your solution.

1. In doing a yoga session, assume that in every forward step that you make means a positive integer while every backward step is a negative integer. If you took 650 steps forward and 376 steps backward, what would be the difference of the steps that you made?



2. Assume that a backstroke represents negative integers, what would be the difference if you subtract  $-900$  and  $-352$ ?

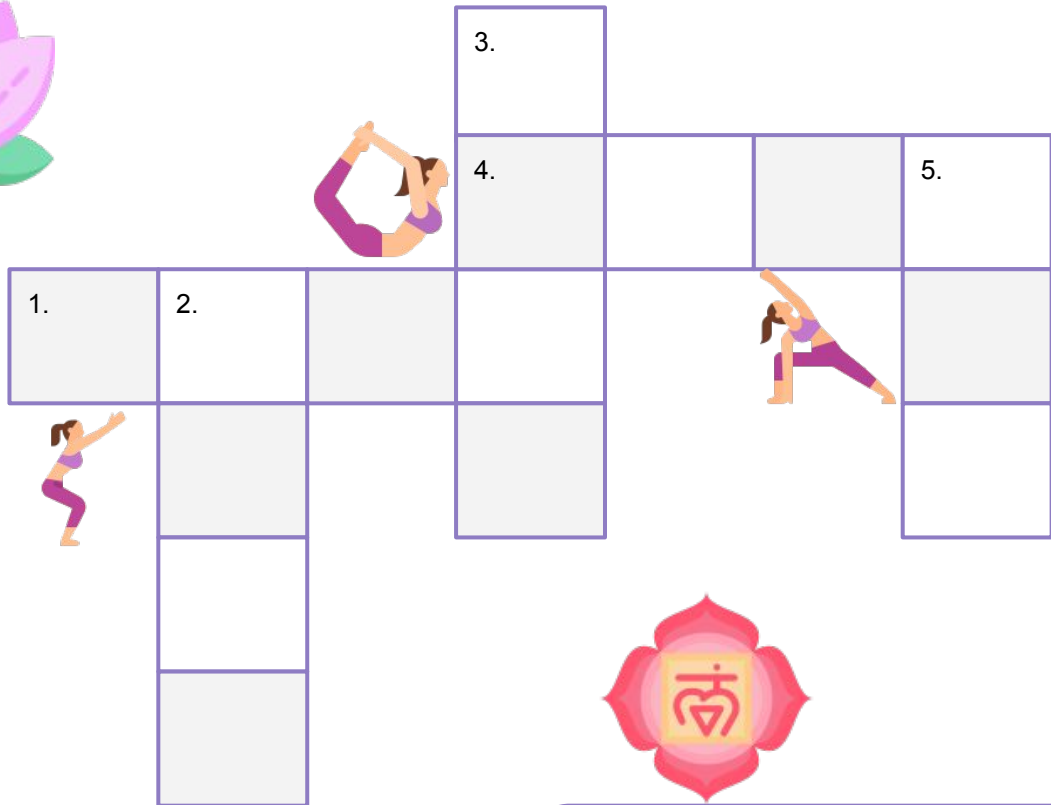
3. With similar situation in item no. 1, what if you did  $-692$  backward steps and subtract  $-498$  from it?



# THE YOGA JOURNEY

G6  
Advanced

Help Maya follow the plan in order to make the workout right. Solve the following subtraction sentences then write your answer on the crossword puzzle above. The numbers before the given will serve as your guide.



Horizontal

1.  $7,615 - 3,339 =$

4.  $-9,063 - (-3,066) =$

Vertical

2.  $3,493 - 1,310 =$

3.  $-9,700 - (-134) =$

5.  $7,506 - 6,787 =$



# MEDITATION TIME

G6  
Advanced

**It is now time to meditate from all the activities you made. Simply answer the questions below.**

1. Give four life examples or applications related to the theme where this lesson can be applied.
2. Why is it important to learn subtraction of integers with like signs? What good thing can it cause you?
3. Did you enjoy this lesson? Share your enjoyable moment/s while learning this lesson.



# ANSWER GUIDE

## Activity 1

1. 108
2. 544
3. 540
4. 432
5. 17
6. 12

## Activity 2

1. -286
2. 408
3. 218
4. -866

## Activity 3

1. -94
2. -532
3. -550
4. -41
5. -316
6. -563

## Activity 4

1. -164
2. 159
3. -846
4. 36
5. -876

## Activity 5

1. 527, 767  
466, 706
2. 726, 912  
177, 363
3. -119, -641  
-41, -563
4. -542, -462  
-593, -513

## Activity 6

1. 2,091
2. 1,000
3. 6,896
4. -6,299
5. -1,122
6. -3,000



# ANSWER GUIDE

## Activity 7

A= 381

O= 15

D= 1,265

R= 405

E= 1,007

S= 6,606

H= 1,671

T= 607

L=5,436

U= 3,559

N= 1,699

Word: SHOULDER STAND

## Activity 8

1. 274

2. -1252

3. -1190

## Activity 9

1. 4,276      5. 719

2. 2,183

3. -9,566

4. -5,997

## Activity 10

Answers may vary





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