# Helping With Math use 

# Converting Units of Time (days, weeks, months, and years) 

Suitable for students
aged 7-9

This pack is
suitable for learners aged 7-9 years old or 3rd to 4th grades (USA). The content covers fact files and relevant basic and advanced activities involving converting units of time (days, weeks, months, and years).

Valentine's Day or St. Valentine's Day (February 14) is a popular holiday in the US, Britain, Canada, Australia, Argentina, South Korea, the Philippines, and more. It is a holiday when people express their affection with greetings and gifts.

- Time is defined as the ongoing series of events taking place.
- The second is the basic unit of time. Time can also be expressed in minutes, hours, days, weeks, months, and years.
- Clocks are used to measure time, while calendars are for counting the number of days, weeks, and years.
- Time is helpful in scheduling and determining our daily tasks such as studying time, playing time, working time, etc.


## Conversion Table for Time

Based on the Conversion Table for Time on the right,

- The smallest unit of time is a day.
- The largest unit of time is a millennium.
- When converting a smaller unit to a larger unit, we use division.
- When converting a larger unit to a smaller unit, we use multiplication.

| Conversion Table for Time |  |
| :---: | :---: |
| 7 days | 1 week |
| $28-31$ days | 1 month |
| 365 days | 1 year |
| 12 months | 1 year |
| 366 days | 1 leap year |
| 52 weeks | 1 year |
| 2 weeks | 1 fortnight |
| 10 years | 1 decade |
| 100 years | 1 century |
| 1000 years | 1 millenium |

## Illustrative Examples:

1. The celebration of Valentine's Day is three weeks from now. How many days are there before the said holiday?

Based on the Conversion Table, a week has 7 days. Thus,

$$
3 \text { (weeks) } \times 7 \text { (days) }=3 \times 7=21 \text { days }
$$

There are 21 days before the Valentine's Day.

## ILLUSTRATIVE EXAMPLES

2. Ali would like to surprise his mom with a bouquet of red roses. He ordered from a flower shop 10 days before the Valentine's day. What is the equivalent of that in weeks?

Based on the Conversion Table, 7 days = 1 week Thus,

$$
10 \div 7 \text { (days) = } 1.43 \text { weeks }
$$

10 days is equal to 1.43 weeks.
3. Ali's parents are celebrating their 25th wedding anniversary on Valentine's day this year. Convert 25 years to
a. Decade
b. Months
c. fortnight
d. weeks

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## ST. VALENTINE OF ROME

St. Valentine of Rome was a Roman priest and physician during the 3rd century. Honor him by converting days to weeks and vice versa.
1.) 14 days $=$ $\qquad$ weeks
2.) 56 days $=$ $\qquad$ weeks
3.) 35 days $=$ $\qquad$ weeks
4.) 70 days $=$ $\qquad$ weeks
5.) 42 days $=$ $\qquad$ weeks
6.) 8 weeks $=$ $\qquad$ days
7.) 2 weeks = $\qquad$ days
8.) 6 weeks $=$ $\qquad$ days
9.) 10 weeks = $\qquad$ days
10.) 5 weeks $=$ $\qquad$ days

St. Valentine is the patron saint of engaged couples and happy marriages, as well as beekeepers and epilepsy

## FREE CANDIES AND CHOCOLATES

## Get free candies and chocolates this Valentine's Day by answering the questions below. Write your answer on the space provided.

1.) I will buy gifts for valentine's day 21 days from now. How many weeks is that?
2.) I will buy a cake for my birthday which is also the same day as Valentine's Day, 35 days from now. How many weeks is that?
3.) Cherry and Cass will buy flowers for Valentine's Day, 1 week from now. How many days is that?
4.) Aldrin will buy chocolates and flowers for his mother, 1 month before Valentine's Day. How many weeks is that?
5.) My best friend gave me a bouquet 3 weeks earlier before the Valentine's Day. How many days is that?
6.) My family will celebrate Valentine's Day in Seattle, 2 weeks from now. How many days is that?

## TIME FOR VALENTINE'S DAY

Challenge yourself this Valentine's day by converting these units of time. Solve then encircle the letter of your choice.
1.) How many days are there in 2 weeks?
a. 7 days
b. 21 days
c. 14 days
d. 28 days
2.) How many days are there in 3 weeks?
a. 21 days
b. 35 days
c. 49 days
d. 14 days
3.) There are $\qquad$ days in 4 weeks.
a. 56 days
b. 28 days
c. 21 days
d. 70 days
4.) There are $\qquad$ days in 8 weeks.
a. 14 days
b. 35 days
c. 28 days
d. 56 days
5.) 42 days is equivalent of $\qquad$ weeks
a. 6 weeks b. 2 weeks
c. 4 weeks
d. 8 weeks

## A DAY FOR CELEBRATION OF LOVE

February 14 is the day that we celebrate love above all others. Ali, Ben, Mel, and Cris listed below the time they spent to prepare their greeting cards for their family and friends. Help them to convert these to the desired units.

Note: 1 month= 30 days

| Days | Weeks | Months |
| :---: | :---: | :---: |
| 30 |  |  |
|  | 12 | 1 |
| 150 | 8 | 3 |
| 60 |  |  |

Solution:

## MY LOVE CARDS' RECIPIENTS

Think of your family members and friends that you would like to give a Valentine's card. List their names and age. Convert their age (in years) to months, weeks, and days.

| Name | Age (in <br> years) | Age (in <br> months) | Age (in <br> weeks) | Age (in <br> days) |
| :--- | :--- | :--- | :--- | :--- |
| 1. |  |  |  |  |
| 2. |  |  |  |  |
| 3. |  |  |  |  |
| 4. |  |  |  |  |
| 5. |  |  |  |  |
| 6. |  |  |  |  |
| 7. |  |  |  |  |
| 8. |  |  |  |  |
| 9. |  |  |  |  |
| 10 |  |  |  |  |

## PAIRED HEARTS

Find the pair of these hearts by identifying their equivalent measures. Write the letter of your choice on the space provided.
7. $\qquad$

8. $\qquad$
9. $\qquad$
A. 3 weeks
B. 8 weeks
C. 2 weeks
D. 1 week
E. 5 weeks
F. 42 days
G. 28 days
H. 14 days
I. 70 days
J. 63 days
K. 48 days
L. 60 days

## SPREAD LOVE AND CARE

Spread love and care this Valentine's Day by converting the following measures of time below. Make sure to accomplish both tasks.

Note: 1 month= 30 days

Days
Weeks
Months

| 7 | 1 | - |
| :---: | :---: | :---: |
|  | 4 | 1 |
| 365 | - | 12 |
| 180 | 24 |  |

1. How many months are there in 5 years?
2. If there are 4 weeks in a month, how many weeks are there in 3 years?
3. 365 days is equal to 1 year, how many months are there in 6 years?

Send hearts to our family this Valentine's Day as you convert the following measures of time.
4) 60 months = $\qquad$ years
3) 2 decades $=$ $\qquad$ years

$$
\text { 2) } 2 \text { years }=\ldots \text { months }
$$

1) 8 months $=$ $\qquad$ weeks

## VALENTINE'S DAY FAIR

The 4th grade learners would like to prepare a simple fair in celebration of Valentine's Day. Help them to solve their problems that can be answered by converting units of time.

1. The Valentine's fair has already become a tradition twenty years ago. How many months is equal to 20 years?
2. The planning of the fair was $41 / 2$ months ago. How many weeks is the equivalent of that?

3. For the last year's Valentine's fair, the oldest customer was 28 years old while the youngest was 7 years old. What is their age gap in terms of months?
4. Valentine's Riddle 1: If 4 months have 16 weeks, how many days are there in 16 weeks?

5. Valentine's Riddle 2:If there are 4 weeks in 1 month, how many weeks are there in 5 months

## MY VALENTINE'S DAY STORY

Share to us your favorite Valentine's day experience. Make sure to include at least five units of time and underline them. On a separate space, convert them either one unit higher or lower.

## MY VALENTINE’S DAY STORY

Conversion space

## ANSWER GUIDE

## Activity 1

1. 2 weeks
2. 8 weeks
3. 5 weeks
4. 10 weeks
5. 6 weeks
6. 56 days
7. 14 days
8. 42 days
9. 70 days
10. 35 days

## Activity 2

1. 3 weeks
2. 5 weeks
3. 7 days
4. 4 weeks
5. 21 days
6. 14 days

## Activity 5

Answers may vary.

Activity 4

| Days | Weeks | Months |
| :---: | :---: | :---: |
| 30 | 4 | 1 |
| 90 | 12 | 3 |
| 150 | 20 | 5 |
| 60 | 8 | 2 |

## Activity 7

| Days | Weeks | Months | Days | Weeks | Months | 1. 60 months <br> 2. 156 weeks <br> 3. 72 months |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 7 | 1 | 1/4 | 365 | 52 | 12 |  |
| 28 | 4 | 1 | 180 | 24 | 6 |  |

## ANSWER GUIDE

## Activity 8

1. 32 weeks
2. 24 months
3. 20 years
4. 5 years

## Activity 9

1. 20 years $=240$ months
2. $4 \frac{1}{2}$ months $=18$ weeks
3. The age gap is 21 years. 21 years $=252$ months.
4. 16 weeks $=112$ days
5. 5 months $=20$ weeks

## Activity 10

1. Answers may vary.

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