



Helping With Math

USA
GRADES

Days of the Week

Suitable for students
aged 4-6



This pack is suitable for learners aged 4 to 6 years old or Kinder to 1st graders (USA). The content covers fact files and relevant basic and advanced activities involving days of the week.



Let's get to know the different days of the week. Learn it with my friend and I!

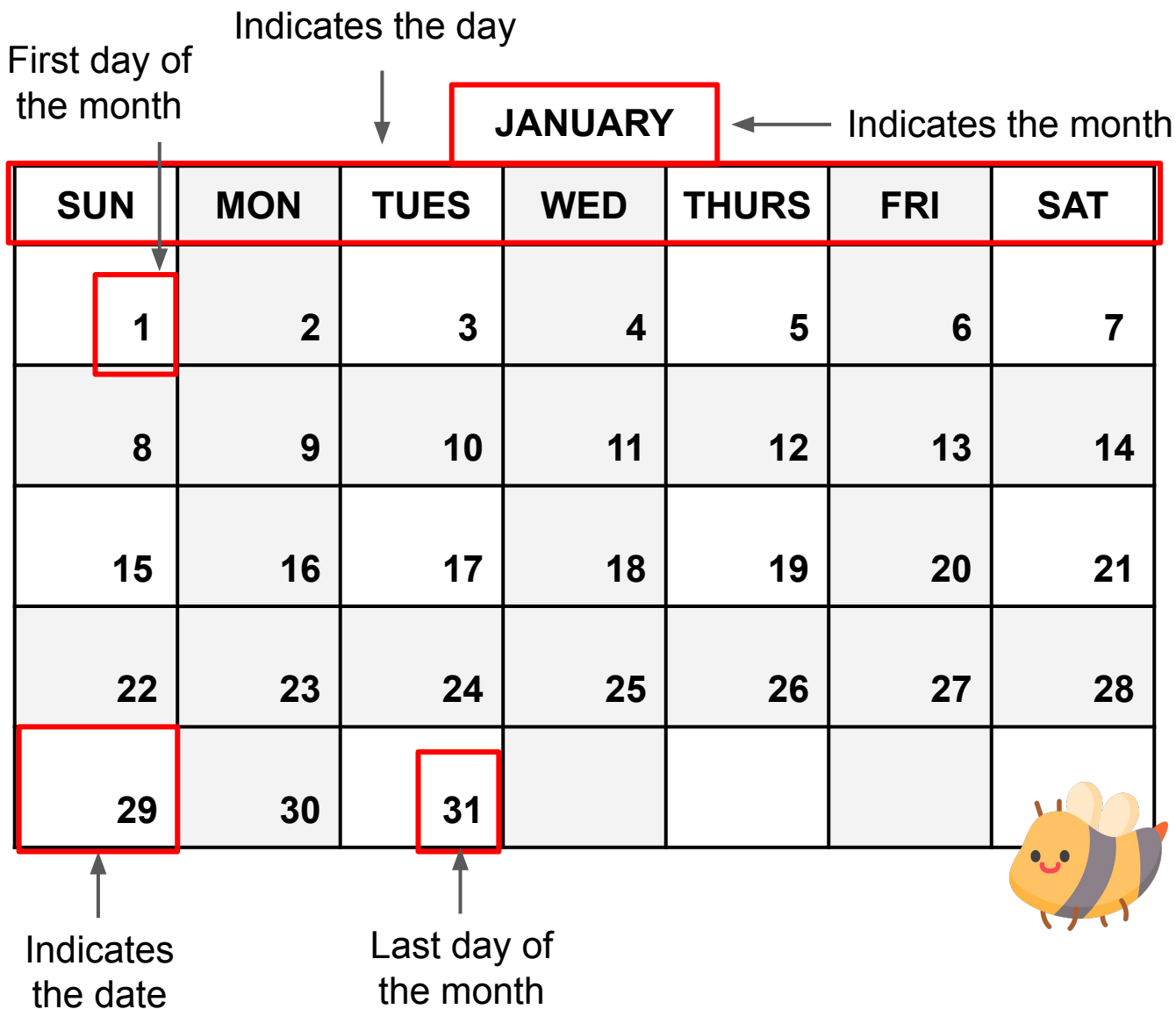


What is a **Calendar**?

- A series of pages showing the days, weeks, and months of a particular year.
- This chart also shows special occasions, holidays or religious observances.

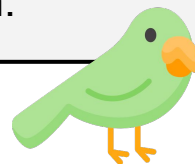


PARTS OF A CALENDAR



DID YOU KNOW?

If a month begins on a Sunday, this month will have a Friday the 13th. There is at least one Friday the 13th in a year, and a single calendar year can have up to three Fridays the 13th.



SEVEN DAYS OF THE WEEK



SUNDAY (Sun)

This means “day of the Sun”, named after a well-known star, Sun.



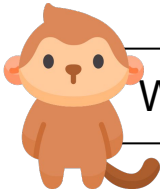
MONDAY (Mon)

It comes from the Latin word dies lunae, which means “Moon’s day”.



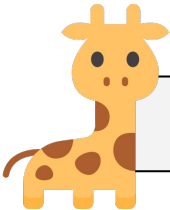
TUESDAY (Tues)

This means “Tiw’s Day” from Tyr, a god from Norse mythology.



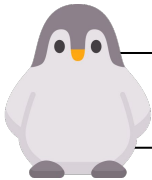
WEDNESDAY (Wed)

It comes from an old English word, Wōdnesdæg that means Odin’s day.



THURSDAY (Thurs)

This means Thor’s day from the god from Norse mythology, Thor.



FRIDAY (Fri)

It means Frigg’s day which comes from the Norse goddess, Frigg.



SATURDAY (Sat)

This means day of Saturn, which is named after the planet, Saturn.

The seven (7) days of the week have two (2) categories:

Weekdays: Mon, Tues, Wed, Thurs, Fri

Weekends: Sat, Sun



LET'S PRACTICE!

In the space provided, recreate the calendar of the current month to show how well you grasped the topic.

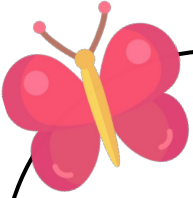


TABLE OF ACTIVITIES

Ages 4-5 (Basic)		<u>Kinder</u>
1	Tasks of the Puppy	
2	New Home for the Bees	
3	Important Dates	
4	We are Excited	
5	Help the Cat	
Ages 5-6 (Advanced)		<u>1st Grade</u>
6	New Pet	
7	Arrange the Food	
8	Find the Sheeps	
9	Farm Animals	
10	Dinosaur Show	



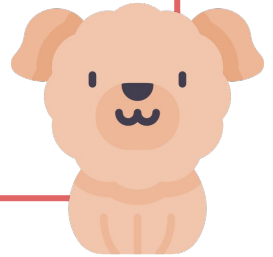
TASKS OF THE PUPPY

K
Basic

Help the cute little puppy to answer the questions below. Follow the given instructions.

TODAY IS...

What is the current month today?



What day is it today? Circle it.

SUN

MON

TUES

WED

THURS

FRI

SAT

What is the date today? Color it.



What are you going to do today? Share it with us.



NEW HOME FOR THE BEES

K
Basic

There are new batches of rescued bees. Help the beekeeper to create a new hive for them. While doing this, fill in the missing parts of the calendar to complete it.

A.	B.	C.	D.	E.	F.	G.
						1
H.	I.	4	5	6	J.	K.
8	9	L.	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



IMPORTANT DATES

K
Basic

The tiger is looking at this month's calendar and needs to identify specific dates. Can you help him with it? Follow the given instructions below.

SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



This is the third Tuesday of the month. Color it blue.

My birthday is on the 6th day of the month. Color it red.

This is the second Friday of the month. Color it yellow.



The first day of school is on the 28th of the month. Color it green.



WE ARE EXCITED

K
Basic

The bear family are excited for this month. Help the answer the following questions below based on the given calendar.

SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

How many days are there in this month?

On which day does this month start?

How many Sundays are there in this month?

What is the date of the 3rd Friday?



HELP THE CAT

K
Basic

Super Kitty is not yet familiar with a calendar. Describe the calendar to her so you can learn it together.

What do you see? I can see a calendar below. Can you describe it for me?

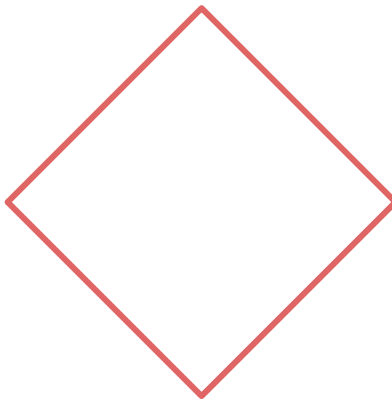


SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

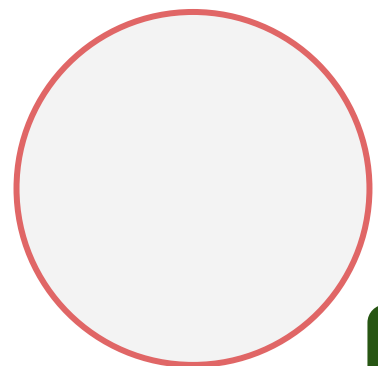
IT IS...



IT CAN...



IT HAS...



NEW PET

G1
Advanced

You are going to the adoption center to find your new pet. Match the following days with their literal meanings by drawing a line.



SUNDAY

MONDAY



TUESDAY

WEDNESDAY



THURSDAY

FRIDAY

SATURDAY

Day of Tiw

Day of Frigg

Day of Odin

Day of the Sun

Day of Saturn

Day of Thor

Day of the Moon



ARRANGE THE FOOD

G1
Advanced

There has been a mix up with the food for the animals. Help fix the problem and unjumble the words below to show the correct spelling of the days of the week.

U D S Y N A



E U D S Y T A



R H U D S Y T A



R D F Y I A

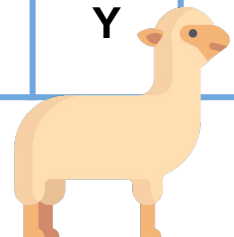


FIND THE SHEEPS

G1
Advanced

The sheeps are lost. Help them find their way by finding the seven days of the week hidden in the puzzle below. Show your answers by shading them with different colors.

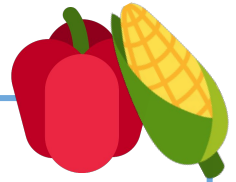
A	P	S	W	M	B	O	U	N
X	T	U	M	B	H	Y	A	I
D	U	N	O	C	V	A	T	E
W	E	D	N	E	S	D	A	Y
G	S	A	D	L	G	I	J	D
F	D	Y	A	F	K	R	S	H
Q	A	R	Y	C	Y	F	Z	J
E	Y	A	D	S	R	U	H	T
S	A	T	U	R	D	A	Y	I



FARM ANIMALS

G1
Advanced

You are going to have a field trip to visit the local farm. Meet the farm animals and identify the days being described below. Write your answers on the spaces provided below.



I am the day that comes after Wednesday. Who am I?	
I am the day between Saturday and Monday. Who am I?	
I am the day that comes before Thursday. Who am I?	
I am the day between Friday and Sunday. Who am I?	
I am the day that comes before Saturday. Who am I?	

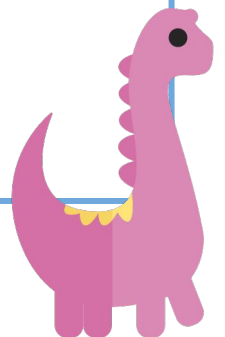
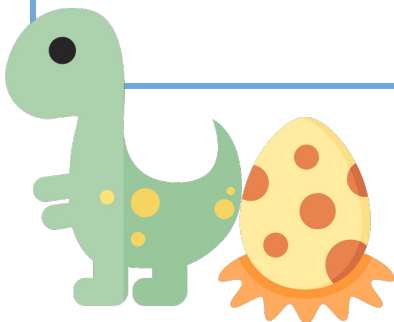


DINOSAUR SHOW

G1
Advanced

Your favorite dinosaur show is about to play. Before watching the show, answer the table below. Provide the day before and after the given days.

YESTERDAY	TODAY	TOMORROW
	Wednesday	
	Sunday	
	Thursday	
	Monday	
	Friday	



ANSWER GUIDE

Activity 1

**Answers may vary*

Activity 2

- | | |
|--------------|-------------|
| A. Sunday | G. Saturday |
| B. Monday | H. 2 |
| C. Tuesday | I. 3 |
| D. Wednesday | J. 7 |
| E. Thursday | K. 8 |
| F. Friday | L. 10 |

Activity 3

- | | |
|-----------|-------------|
| Blue - 15 | Yellow - 11 |
| Red - 6 | Green - 28 |

Activity 4

- | | |
|------------|-------|
| 1. 31 | 3. 4 |
| 2. Tuesday | 4. 17 |

Activity 5

It is a chart.
It can be used to put your daily tasks.
It has days and months.
**Answers may vary.*



ANSWER GUIDE

Activity 6

Sunday - Day of the Sun
Monday - Day of the Moon
Tuesday - Day of Tiw
Wednesday - Day of Odin

Thursday - Day of Thor
Friday - Day of Frigg
Saturday - Day of Saturn

Activity 7

1. Sunday
2. Tuesday

3. Thursday
4. Friday

Activity 8

A	P	S	W	M	B	O	U	N
X	T	U	M	B	H	Y	A	I
D	U	N	O	C	V	A	T	E
W	E	D	N	E	S	D	A	Y
G	S	A	D	L	G	I	J	D
F	D	Y	A	F	K	R	S	H
Q	A	R	Y	C	Y	F	Z	J
E	Y	A	D	S	R	U	H	T
S	A	T	U	R	D	A	Y	I



ANSWER GUIDE

Activity 9

- | | |
|--------------|-------------|
| 1. Thursday | 4. Saturday |
| 2. Sunday | 5. Friday |
| 3. Wednesday | |

Activity 10

YESTERDAY

1. Tuesday
2. Saturday
3. Wednesday
4. Sunday
5. Thursday

TOMORROW

1. Thursday
2. Monday
3. Friday
4. Tuesday
5. Saturday



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